



Advent Calendar 2020

Journey for Life

START

Complete each activity using a separate sheet of paper. When you're finished, take a pic or scan it and then email it to us at MaryannA@pregnancylancaster.com. We'd love to display your hard work in our office! PLUS, we may even share our favorites on the Friends of AWC Facebook page (Facebook.com/AWCFriends)!

29
Let's start this Advent journey together!

Tell a family member why you are excited for Christmas!

30
Mary and Joseph are on a journey to becoming parents. What do you think the most important quality in a parent is? Write it down or draw a picture.



1
Pray for a mother, who may not know she is pregnant yet, and may need help when she finds out she is expecting.

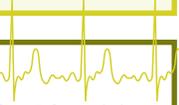
2 
Donate \$2 today to help provide a pregnancy test for a woman who comes to A Woman's Concern.

3 *Mary said YES!*
Do we say yes to what God is calling us to do on a daily basis? Do we see more opportunity in our own lives to spread a pro-life message? What could your family do to help A Woman's Concern?



4 
At 28 days, an unborn baby (also called a fetus, which means "little one" or "offspring" in Latin) has eyes, ears, and a tongue!

Help a mom see her precious little one with an ultrasound by giving \$3 today.

5 
At 5 weeks + 5 days, a baby's heartbeat is strong enough that a sonogram can detect it. Pray for mothers hearing their baby's heartbeat this week.

6 
Send us a card!
Mail a Christmas card to the center, and we will give it to one of our moms-to-be! You'll make her day!

7 **Pray for the poor and homeless,** and all who are in need, that they may receive the love, respect, and help they need. Being pro-life means caring for *all people* in all circumstances.

11 
At 11 weeks, an unborn baby now "practices" breathing. Say a prayer that baby's first breath on the outside is met with unconditional love.

8
At 8½ weeks, an unborn baby's fingerprints are being engraved, and eyelids and palms of hands are sensitive to touch. Today, make a donation of \$8.50.

9 *At 9 weeks,* an unborn baby will bend his or her fingers around an object placed in the palm. Unique fingerprints are completely formed.

Did you know a fingerprint is unique to you? Write down as many things as you can think of that make you unique!

10 **By 10 weeks the little baby may start thumb sucking.** Did you suck your thumb as a baby?
Donate \$1.50 to provide a pacifier for a new baby.

12 **Each baby is unique,** but everyone inherits traits from their mom & dad. Write down three traits you may have gotten from your mom and three you may have gotten from your dad.

13
At 13 weeks, an unborn baby is about 3 inches long!
Donate \$3 today—one for each inch!

14 **At 14 weeks,** baby's eyebrows have formed and eye movement can be detected. Close your eyes, picture a tiny baby, name him or her, and pray for that person for the rest of Advent.

15 **Having a strong family is so important!**
Write down three things that make your family strong, and show them to your parents.

16 
SEND US A VIDEO!
Explain why your family supports A Woman's Concern & email it to: MaryannA@pregnancylancaster.com

17 
Moms sometimes experience cravings for unusual flavors while they are pregnant. What is the strangest combination of foods you can come up with?
Donate \$5 to help the center buy formula or bottles for new mothers.

18
Mom can feel the baby hiccup by 18 weeks! What do you think is the best way to get rid of the hiccups?

19 **Where did baby Jesus rest His head?** Can you make a manger out of craft supplies you have at home?
 Donate \$5 toward a crib for a new baby.

20 *No Room at the Inn*
Joseph had to find a safe spot for Mary to give birth to baby Jesus. What can you do today to make sure someone in need is being helped?

21 
Newborns typically go through 8 to 12 diapers every day! Wow, that's a lot of dirty diapers!
Help a mom provide for her baby by donating \$5 for diapers today.

22
At 22 weeks, an unborn baby may startle or jump in reaction to a loud sound.
Quietly take a few minutes to pray for the moms who come to A Woman's Concern today.

23 
A baby as young as only 23 weeks gestation can survive outside of his mother's womb!
Say a special prayer for all babies born early and for the moms & dads awaiting their baby's arrival right now.

24 
Silent Night, Holy Night
Read the story of Jesus's birth aloud.

25 *Merry Christmas!*